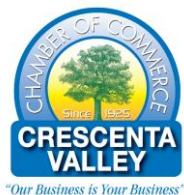


**Crescenta Valley
Chamber of Commerce**

**RUNNING UNDER THE OAKS
CROSS COUNTRY 5K RUN/WALK
& Kids Fun Run
ENTRY FORM**



SATURDAY, SEPTEMBER 28, 2019

CHECK IN AT CRESCENTA VALLEY PARK
3901 Dunsmore Ave., La Crescenta
CHECK-IN begins at 7:00 a.m.
WARM-UP begins at 7:45 a.m.
FUN RUN STARTS7:55 A.M.
5K RUN STARTS8:00 A.M.
5K WALK STARTS..... 8:05 A.M.

Run/Walk fee, prepaid: \$30 (Includes T-shirt)
Day of Race: \$35 (T-shirts subject to availability)
Kids Fun Run: free (\$10 with T-shirt)
Event will take place rain or shine. Entry fee is non-refundable. Prepayment by Sept. 16 guarantees t-shirt.

NAME (LAST) _____ (FIRST) _____

ADDRESS _____

CITY, ZIP _____ PHONE _____

EMAIL ADDRESS _____

PARTICIPATING IN (circle one): RUN/WALK KIDS FUN RUN

T-SHIRT SIZE (circle one): Youth M Youth L Adult: M L XL XXL

SEX (circle one): M F **AGE GROUP (circle one):** 12&Under 13-19 20-29 30-39 40-49 50-59 60+

PLEASE DONATE \$5 OF MY REGISTRATION FEE (5K RUN/WALK ONLY) TO THIS SCHOOL OR YOUTH ORGANIZATION _____

One entry per Entry Form. Please read:

PARTICIPANT WAIVER: In consideration of the acceptance of my entry in the Crescenta Valley Chamber of Commerce Fun Run 5K Run/Walk to be held September 28, 2019 in La Crescenta, California, I, the undersigned (or, I the undersigned parent or guardian if participant is under 18 years of age,) my heirs, executors, administrators and assigns, hereby waive and release any rights, claims or damages I have against the Crescenta Valley Chamber of Commerce, its officers and directors, County of Los Angeles and event sponsors for any and all damages which may be sustained or suffered by me/us in connection with or entry in or arising out of this event. I/we attest and verify that I/we have full knowledge of the risks involved in this event and that no physician or other qualified individual has advised me against competing in this 5K event.

Participant name _____ Signature _____ Date _____

Parent or guardian name _____ Signature _____ Date _____
(If participant under 18 years of age.)

**You may register & pay online at www.CrescentaValleyChamber.org/5k or
MAIL THIS FORM WITH FEE PAYABLE TO: CRESCENTA VALLEY CHAMBER OF COMMERCE
3131 Foothill Blvd. #D, La Crescenta, CA 91214 Ph: 818-248-4957**